



# UPLANDS MANOR PRIMARY SCHOOL

**Headteacher: Mr A. Dickinson**

Addenbrooke Road, Smethwick, West Midlands, B67 6HT

Email: [headteacher@uplandsmanor.sandwell.sch.uk](mailto:headteacher@uplandsmanor.sandwell.sch.uk)

Website: [uplandsmanor.sch.life](http://uplandsmanor.sch.life)

Telephone: 0121 558 1602

Dear Parent/Carer

During the week beginning 3<sup>rd</sup> June 2024, the Sandwell School Nursing Service will be talking to the children about the NSPCC's Underwear Rule using the PANTS acronym:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that is fully age-appropriate. The correct terminology for body parts will be used in these sessions. The talk will include discussing:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming male and female parts of the body using correct terminology (*penis, testicles, vulva, vagina, anus and breasts*)
- who your child can turn to if they ever feel upset or worried.

The children will also have a visit from local Nurses who will enforce the NSPCC's Underwear Rules using correct terminology. If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>

If you have any questions or concerns, please *don't hesitate to speak to your class teacher.*

Yours sincerely,

Mrs H Flavell  
Year 2 Leader

**Achievement**



**Belief**



**Creativity**



**Determination**



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towards Artsmark  
Awarded by Arts  
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**Enthusiasm**

